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|  **ROLE DESCRIPTION** |
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| **Role Title** | Performance Physiotherapist |
| **Salary** | £65,000 per annum |
| **Location** | Cardiff Arms Park |
| **Hours of work** | The training schedule demands and promotes flexibility, but it is expected that this position will be active between approximately 7am until 4pm on a daily basis. The nature of the position also requires that timings of work can fluctuate. |
| **Responsible to** | Head of Medical Services |
| **Responsible for** | Senior Physiotherapists and Senior Academy Physiotherapists |
| **Contractual Status** | 2 Year Fixed Term |
| **Role Summary**  | Reporting to the Head of Medical Services, this role will contribute to the evolution of our First team medical provision.You will be responsible for delivering high-quality physiotherapy services to our first team players, focusing on injury risk mitigation, assessment, treatment, and rehabilitation to optimise player performance and availability. This with the additional focus on supporting and mentoring existing Senior Physiotherapists and Senior Academy Physiotherapists.You will work with the medical team and other performance support staff to individualise programmes and integrate them with the wider schedule. To assist the Head of Medical and support Senior Physiotherapists with daily management of long and short term injured players. |
| **Key Responsibilities, tasks and Activities** | a) To assist delivery of Physiotherapy needs of the senior Cardiff Rugby squadb) To assist the Head of Medical and support Senior Physiotherapists with daily treatment requirementsc) Mentor and support senior physiotherapists and academy physiotherapistsd) Medical delivery at home and away fixtures as required in preparation pre match and pitch-side trauma caree) Manage and contribute to treatment pathways and return to play criteria for Cardiff Rugby Senior playersf) Support the supervision of Academy Physiotherapists, Physiotherapy Students and medical internship studentsg) Proficient medical data entry as per CSP / HCPC standard of notationh) Deliver 1:1 long term injury rehabilitation sessions to Senior squad membersInjury prevention / Pre-habilitation:a) Support / participate in medical screening protocol to help build athletic profiles of all Senior Cardiff Rugby playersb) Support the delivery of prehab / injury prevention strategies**Key responsibilities:**The post holder will:• Assist in managing and develop therapy service delivery for the Senior athletes through the programming and delivery of leading edge therapy services appropriate to the training objectives of the players and coaches• Ensure that the delivery of the physiotherapy service effectively meets its commitments to Cardiff Rugby players within the senior squad• Within the rules of professional confidentiality liaise with players, rugby managers, coaches and other support staff as appropriate• To contribute to the evolution and promotion of a ‘high performance environment’ at Cardiff Rugby.**Main Tasks & Activities:**• Assist, develop and deliver therapy programs to players to enhance elite performance• Where appropriate identify and facilitate appropriate communication methods, including workshops, to inform and educate players, coaches and Performance Staff in the effective use of therapy• Maintain a comprehensive, indexed database of work conducted with players and coaches• Attend and contribute to appropriate meetings associated with the club• Attend national CPD meetings and workshops, training courses as appropriate• Any other duties as may be requested**Budget Responsibilities:**• An awareness of the medical budget and medical costs is required in order to assist the Head of Medical in managing the budget**Success Criteria/Measurements:**• Personal Performance / development reviews as lead by Head of Medical identified aims and objectives |

| **PERSON SPECIFICATION** |  |
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| **Experience, Skills & Qualifications** | **Essential:**• A qualification at degree level (or equivalent) in Physiotherapy• At least 8 years full time experience in a sporting environment• Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health Professions Council (HPC)• Certificate of Hepatitis B immunity• Fulfillment of the WRU / RFU PHICIS Trauma management course**Desirable:**• A qualification at higher degree (or equivalent) in Physiotherapy/sport and exercise medicine/sports rehabilitation**Other Considertaions:**• Ability to work irregular and unsocial hours as required involving work outside normal office hours, at evenings, weekends and Bank Holidays• Ability to travel, including occasional overnight stays• Ability to travel abroad with teams if required |

**This role description is subject to change pending review by the role holder and their line manager.**