



ROLE DESCRIPTION	
Role Title	Lead Academy Physiotherapist
Salary	£30,000.00
Location	The position will be based at the Cardiff Rugby Training Base and at Cardiff Arms Park and various locations throughout the Cardiff Rugby region, however, the nature of the position can require travel as and when dictated by the needs of the organisation.
Hours of work	<p>The training schedule demands and promotes flexibility including travel, but it is expected that this position will be active between 7am until approximately 5pm, as well as on various Match days.</p> <p>This is a full-time role, however, the nature of the position also requires that the timings of work may vary.</p>
Responsible to	Head of Medical Services
Responsible for	Leading the physiotherapy provision of for Cardiff Rugby's Academy, Cardiff RFC and age-grade teams
Contractual Status	Fixed Term (2 Years)
Role Summary	An exciting opportunity has arisen to join Cardiff Rugby on a full-time basis as Lead Academy Physiotherapist
Key Relationships (subject to Change)	<p>Head of Medical Services - Daniel Jones</p> <p>Academy Manager - Gruff Rees</p>

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Key Responsibilities, tasks and Activities

- a) To lead the delivery of the academy physiotherapy services
- b) To assist delivery of soft tissue and physiotherapy needs of the academy and developing squad players under the guidance of the Senior Squad Physiotherapists.
- c) To assist the Senior Squad Physiotherapists with daily assessment / treatment requirements.
- d) Working to an appointment system for player soft tissue and physiotherapy treatment.
- e) To assist with the weekly recovery services as required.
- f) Ensure the physiotherapy treatment room is kept in an impeccable manner, with all appropriate equipment and bedding sanitised and hygienic.
- g) Assist in the delivery of matchday services at home and away fixtures as required.
- h) Deliver small group mobility / Prehabilitation sessions under the guidance of the Senior Squad Physiotherapists
- i) Deliver 1:1 rehabilitation sessions under the guidance of the Senior Squad Physiotherapists
- j) Data entry to enable consistent correlation against incidence of injury under the guidance of the Senior Squad Physiotherapists daily.
- k) Lead on injury management and rehabilitation of the academy players
- l) Organise staffing for the Cardiff Rugby Academy, Cardiff RFC and age grade teams under the guidance of Head of Medical Services / Senior Squad Physiotherapists
- m) Lead match day physiotherapy services for Cardiff Rugby Academy / Cardiff RFC matches under the guidance of the Senior Squad Physiotherapists
- n) Deliver / organise physiotherapy provision for Cardiff RFC training sessions

PERSON SPECIFICATION	
Experience, Skills & Qualifications	<p>Essential</p> <p>A qualification at degree level (Bsc/Msc) in Physiotherapy</p> <p>Relevant experience in a sporting environment</p> <p>Membership of the Chartered Society of Physiotherapy (CSP) as a Chartered Physiotherapist and registered with the Health Care Professions Council (HCPC)</p> <p>An understanding of the various sports science and medicine disciplines</p> <p>Knowledge of physiotherapy and rehabilitation methods related to recent advances in musculoskeletal medicine in the sporting environment.</p> <p>Desirable</p> <p>Fulfilment of the WRU / RFU ICIS Pitch side Trauma management course.</p> <p>Full Drivers Licence</p>
Other	<p>How to Apply;</p> <p>Please send your CV and covering letter to :</p> <p>Head of Medical Services Daniel Jones - jobs@cardiffrugby.wales</p> <p>Deadline; Friday 16th June 2023</p>

This role description is subject to change pending review by the role holder and their line manager.